

# BIRTHDAY PARTIES

at Tea Tree Gully Gymsports Inc.

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<http://ttgymsports.com.au/>

## Available Booking Times:

- \* Saturdays 7.00 - 9.00pm
- \* Sundays 2:00 - 4:00 pm
- \* Sundays 5:00 - 7:00 pm

## How to book:

Please visit <https://app.iclasspro.com/portal/ttgymsports/booking>

First ensure your date is available prior to making a booking.

**Minimum cost** and flat rate for all parties for up to and including 20 children, age 0 - 16 years:

- \$400.00
- \$15.00 per child for extra children up to a maximum of 30
- If there are children under the age of 3 years, there needs to be a minimum of 1 adult to 3 children to observe throughout the session - the onus is on the Host Family to organise parental/carer supervision
- Payments: through the customer portal

**Tea Tree Gully Gymsports** is pleased to provide the option of having your child's next birthday party with us. As the largest Gymnastics Club in South Australia, we have an extensive range of equipment and facilities available for your birthday party. We are fully heated and air conditioned so no need to worry about the weather!

### **Types of Parties**

**General Gym Birthdays:** age 5 years and over - can include group games, circuits using gymnastics equipment, and/or free play.

**Kindergym Birthdays:** age 0 - 5 years - will be a play-based session designed for children under the age of 5 years.

**Combined Birthdays:** age 0 - 16 years our coaches will combine Kindergym fun and equipment as well as equipment suitable for older children.

**Games:** optional and can include musical statues, balance beam gladiators, longest pit jump (into a foam pit!), longest bar hang, or you choose your favourite game. Prizes to be supplied by Host Family.

**Circuits:** follow the leader in a gymnastics structure around the gym using our equipment and floor work. You can combine a party; for example, circuits followed by free time; games and circuits and free time; games and free time.

**Extra's:** BBQ \$15 self-cook.

**Music:** we mostly use Spotify, family friendly music channels. Host families are welcome to provide their own music via CD or smart phone.

All coaches are accredited under Gymnastics Australia, hold an Apply First Aid Certificate and Working with Children clearance (14yo+)

**TOP TIP - keep food and drinks simple. EG: fruit platter, sandwiches, and cake; Pizza and cake.**

### **Cost Includes:**

- First 1.5 hours Gym Fun run by at least two coaches.
- Last 30 minutes eating time - **food & drinks supplied, prepared, supervised and run entirely by Host Family.**
- Use of our kitchen facilities including microwave, oven, stove, pie warmer, filtered cold water tap, filtered boiling water tap. A fridge is available, but room is not guaranteed - if in doubt please BYO esky.
- Choice of two eating areas: Indoor or Undercover Outdoor.
- Cost covers insurance for children attending.
- Decorations in the eating area are welcome.

## **Birthday Party Structure and Checklist**

**The following checklist is designed to assist you finalise your Birthday Party.**

- Host Family Arrive 30 minutes prior to scheduled time (set up decorations, food etc.)
- Guests arrive
- Gym Fun for first hour and a half
- Eating Time (run by Host family) for last 30 minutes
- Guests depart at end of booked time
- Clean up and host family depart within 30 minutes following end of booked party time
- Final Payment Due – 7 days prior to your party
- Music – Parents/carers are welcome to provide their own music on an iPhone or iPod. Our coaches usually use family friendly Spotify music channels.
- Disposable plates
  - Disposable cutlery
  - Disposable drinking cups
  - Disposable tea/coffee cups
  - Birthday Cake
  - Food & drinks (keep it simple, history has shown children are more interested in gym fun than eating)
  - Decorations (if desired)
  - Disposable tablecloths (if desired)
  - Knife for the birthday cake
  - Candles & matches
  - Serviette's/Paper Towel
  - Camera
  - Game prizes (if games option chosen)
  - Party Favours for guests (if desired)

### **On the day**

- Host family arrive 30 minutes prior to party to set up tables/decorations
- All children must participate bare feet
- Food preparation
- Parents/guardians – if wishing to enter the gymnastics area, no high heels (or similar) please **ADULTS ARE NOT PERMITTED ON EQUIPMENT AT ANY TIME. Host Family must advise guests.**

- Relax and Enjoy!

## Rules

- Parents/carers are not permitted on equipment. Host family must advise guests and help enforce this rule.
- All children stepping onto the gym floor must be paid for regardless of age, for insurance purposes.
- Parties are fully self-catered: BYO Everything including all food, drinks, plates, cutlery etc.
- No attempting skills that the coaches have not allowed you to do.
- Adults may wear flat shoes only when inside the gymnastics area.
- All parties are required to have the Gymnastics Fun in the first 1.5 hours of the party, with the eating time in the last 30 minutes. Under no circumstances will guests be permitted back onto the equipment after eating. Please note that the venue needs to be cleared 30 minutes after the finish time.
- Dress up themes welcome: capes are not acceptable as they are a choking hazard on gymnastics equipment. Tiara's and other head wear are not acceptable. Please think wisely. Costumes must have barefeet.
- Long hair must be tied back

## Suggested information you may wish to give your guests:

Dear Parents/Carers

Please note the following non-negotiable Policies of Tea Tree Gully Gymsports Inc. (TTGG) which have been provided by the Club for your information.

- Adults/carers are not permitted on equipment. Parents are encouraged to be on the gym floor with their children but not on actual equipment.
- Parents/ carers – please wear flat shoes only (fully sprung floor inside the gymnastics area).
- All children must participate with bare feet.
- Children - No jewellery except studs/sleepers; long hair must be tied back; please wear suitable clothing for gymnastics (no capes, no skirts without shorts underneath). TTGG recommends close fitting but non-restrictive clothing.
- Food and beverages are not permitted inside the gymnastics area

If you have any questions regarding policies, please phone Tea Tree Gully Gymsports direct on 8264 9867 or email [memberservices@ttgggymsports.com.au](mailto:memberservices@ttgggymsports.com.au).

Thank you.

